

Norfolk Swallowtail Weekend 11th - 14th June 2021 Led by Patrick Barkham & Alice Hunter



Greenwings Wildlife Holidays

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Friday 11th June

Our intrepid bunch of Swallowtail-seekers met at the Hotel Wroxham in the heart of the Norfolk Broads on Friday evening and before supper we set out for a short stroll beside the River Bure.

The bustle of Wroxham receded as we entered a short boardwalk. Beneath the railway bridge Marsh Valerian and Water Forget-me-not bloomed. We followed the path alongside the river until we could go no further. The tree-lined river wound mysteriously into the distance and we enjoyed lovely views of a Common Tern fishing, while Alice taught the group the distinctive bursting song of the Cetti's Warbler, which remained just tucked out of sight in the sallow scrub. A family of Mute Swans with eight small cygnets came to investigate us before we turned back to the hotel where we enjoyed dinner on the terrace.



Saturday 12th June

Saturday morning dawned as brightly as forecast, with cloudless blue skies due to last all day, 20°c and a light breeze: perfect Swallowtail conditions. We set out for Hickling National Nature Reserve, the flagship reserve of the Norfolk Wildlife Trust, which is situated in the valley of the River Thurne, barely two miles as the crane flies from the low sand dune coastline of North East Norfolk.

We set off immediately from the Visitor Centre at 9.45am and not long into our slow wander into the reserve – at 10am – Maria was the first to spot a Swallowtail – signalling her spotting sharpness which was repeatedly demonstrated over the weekend. Our second Swallowtail was



seen by Paul precisely nine minutes later and this was an exceedingly brisk flypast. We craved more leisurely viewings, and soon had a better flypast, with the Swallowtail jinking more slowly past the group at head (or reed) height. Now we craved some nectaring or a Swallowtail that wanted to sit still for a moment...

We had reed warblers singing from the reedbeds and a dozen Four-spotted Chasers dashing around. They have a habit of posing rather nicely on last year's reed stems, and so we were able to obtain some good photographs. There was the lovely somnolent song of the Willow Warbler reverberating from the sallows, and then Alice picked up a rather more

unusual call – a Water Rail, noisily going about its business deep within the reedbed, where it remained hidden from view.

When we reached the small channel that led out onto Hickling Broad, we divided into two groups, with Patrick's being the first to take a special NWT boat trip to the viewing tower in the oak woods on the other side of Hickling channel. Alice's group meanwhile began to slowly wander along the reserve tracks looking for Swallowtails. Clearly there was going to be some competitiveness here. Let the battle commence!

On Patrick's boat we admired a Great White Egret and a Cormorant (I only mention it because I haven't seen this common bird at Hickling for ages!) and then, as the boat slowly edged along the narrow back channel, we enjoyed two fabulous Swallowtail flypasts. Watching the Swallowtail from the water, in its natural setting, cruising over the reedbeds, was a wonderful experience. We also enjoyed a fabulous sighting of a Norfolk Hawker dragonfly which cruised along beside the boat, eyeballing us with its fantastic emerald eye. It was hard to believe that these are a rare



species, and unique to the Broads in the UK, as they became a ubiquitous sighting during our weekend. Always welcome though!

On the short walk along the Weaver's Way footpath to the viewing tower we saw a Painted Lady dash past, and in the woods, among the Holly understorey, there was a Holly Blue. The tower had so many steps I forgot to count them and it swayed rather alluringly - or should that be alarmingly - at the top. But the climb was worth it for the view. A little altitude goes a long way in a flat landscape, and we enjoyed panoramic views from the red-and-white striped Happisburgh lighthouse to the north-east along the coast and down to Waxham church and further south to Winterton. The two miles or so from Hickling across to the distant sand dunes was almost all protected landscape, and a mass of reed beds. No wonder it housed the first population of Cranes to re-establish themselves in Britain, as well as the country's largest population of Marsh Harriers. We enjoyed an excellent sighting of a Marsh Harrier from the tower. As with the

Norfolk Hawker, it was hard to believe that these creatures were vanishingly rare nationally when

they became such a common sight for us.

When our boat returned to the Staithe, Alice's group headed onto the water, and we tried to ensure we would see more Swallowtails than them!

We headed onto a path cut in a crescent-shape through the reed bed, which was sheltered from the wind and had good views of Yellow Flag Iris which were now in flower. Here we lingered and soon clocked up nine Swallowtail sightings. It was so warm that the butterflies were not lingering now on each flower but circled round, wings fluttering for a few seconds as they imbibed nectar, before they moved on again.



On our walk back to the visitor centre for lunch Trevor picked up a bittern flying low over the reeds with its stately flight. A few of the group glimpsed it before it disappeared behind the trees. Alex spotted a Swallowtail and an Emperor dragonfly – big and brilliant blue – also flashed past. Before reaching our packed lunch spot, Patrick found three Swallowtail eggs on some Milk Parsley beside the boardwalk, which several of the group photographed.

Meanwhile, Alice's group headed out to the crescent shaped path first, the Swallowtails were tantalisingly close and were coming in to nectar on the Yellow Flag Iris, though not always quite as close as we might like for photography purposes. Nevertheless it was a good challenge for those of us inclined to try and capture them as they zipped over the top of the Saw Sedge. A female Marsh Harrier gave us a close inspection as she flew low overhead but we were still racking up Swallowtail sightings with three active at once in this

small area.

Common Blue Damselflies © Paul Wakeling

Walking on round the reserve we came across a large furry Drinker Moth caterpillar and Paul spotted an unusual variegated reed which was lacking chlorophyll in parts of its leaves giving it a smart stripy appearance. We had another Swallowtail fly-by as we neared the Observation Tower hide and a flock of 6 Mute Swans passed overhead shortly afterwards. Fourspotted Chasers were abundant along with Common

Blue Damselflies. We returned to the path into the

reedbed as we awaited the return of the boat and added a couple more Swallowtails to our tally bringing it to seven.

Out on the water we had lovely views of Marsh Harrier and the non-breeding Mute Swans on the broad which numbered over a hundred! As we made our way through the narrow channel towards the viewing tower we had some wonderful Swallowtail sightings low over the boat but still at high speed and several Norfolk Hawkers came to investigate us too.

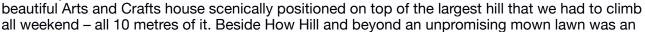


We all climbed the 60ft tower to take in the wonderful views over the reserve and the landscape beyond. Shortly after reaching the top we were fortunate to have an incredible view of a Hobby which flew in close and level with us, then in the distance we spotted three Great White Egrets flying together - an impressive number for a relative rarity in this country. As we neared the special drop bridge that had been raised for us to gain access to the tower, Alice spotted a lovely Yellow Barred Longhorn Mircomoth and on the short section of the Weaver's Way beyond we had Painted Lady and Red Admiral sightings as we returned to the boat.

Our tally of Swallowtails on the boat trip had reached what we considered to be a respectable seven and we felt confident that we had seen more than Patrick's group.

After a packed lunch in the visitor centre garden, we sneaked into the wooded south of the reserve because Patrick had been tipped off by another visitor that a Swallowtail was sunning itself on the sheltered side of the wood. Paul found the first Large Skipper of the weekend, Barbara spotted a Blue-Tailed Damselfly and there was also a Speckled Wood in the wood. We saw two more Swallowtails and then a fantastic sighting of one perched high on a sprig of Hawthorn in the sunshine, which gave us excellent photographs.

We then drove the short distance west to the Ant Valley and the nature reserve at How Hill, a



old marshman's cottage turned into a museum and the nature reserve, which is run by a charitable trust.

Swallowtail © Maria Dixon



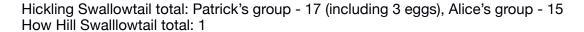
It is always worth checking the little cottage garden here and Maria soon found a Norfolk Hawker while Pam spotted a Swallowtail in the garden. We entered How Hill's famed meadow, where Swallowtails can often be encountered. There were Yellow Flag Iris flowering and the first of the pink flowering nectar that Swallowtails seem particularly attracted to, such as Marsh Thistle and Ragged Robin but no sign of any Swallowtails. Further on, a little bridge crossed a watery ditch filled with the attractive spikes of Water Soldier. Here Alice spotted a handful of dragonfly nymphs poised on the leaves and preparing to emerge as fully-fledged adults. A Garden Warbler sang and further on, Terry heard the distinctive "plop" of a Water Vole disappearing into the water before we could see it.

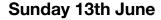
The intimate, tree-lined ditches of How Hill are particularly

rich in dragonflies and damselflies and we enjoyed fine encounters with scores and heard the flicking of wings in the air that is Norfolk Hawkers doing battle. In the background, Willow Warblers sang from many a thicket. We found a number of interesting smaller insects. Alice spotted a Pirate Wolf Spider, while Barbara and Peter spotted what Alice identified as a Black and Red Froghopper.

How Hill was a special place for Marion, who had visited a number of times before, and so we made a short foray into the walled garden around the house where we enjoyed interesting views of Holly Blues feeding on the gargeous Weet

views of Holly Blues feeding on the gorgeous Wysteria. Maria also spotted another Red Admiral, and we saw Speckled Woods in the woodland.





The day dawned hot and sunny and still – absolutely perfect conditions for Swallowtails. We headed out promptly to get to Strumpshaw Fen before the insects had fully warmed up. We have detected a pattern where the best views at Strumpshaw are often in gardens adjacent to the reserve in the early to mid-morning, when Swallowtails are feasting on nectar to give them energy for the day ahead.

Strumpshaw Fen is the RSPB's flagship Swallowtail reserve on marshes beside the River Yare, only five miles from Norwich. Before entering this large reserve of vast reedbeds and meadows, we walked down the shady track to "the doctor's house". This is actually the former home of Dr Martin George, an ecologist who wrote a definitive account of the Broads and helped persuade the RSPB to purchase and protect Strumpshaw Fen. His widow, Barbara, still lives in their house and maintains a floral garden with plentiful supplies of nectar in June deliberately for the



Swallowtails. Kindly, she hasn't screened her garden with a fence, and so passing Swallowtail lovers often wait with long lenses raised on the border of her south-facing garden. This was the position we took up, beside patches of Sweet Williams, which the Swallowtail seems particularly fond of. Despite perfect conditions, there were no Swallowtails to be seen.

Pirate Wolf Spider © Alice Hunter

This was mystifying, so we walked on and up the short river cliff to look at a meadow of agricultural "weeds" and wildflowers which had been deliberately left by the landowner. There was a spectacular field of poppies which looked glorious but held very few butterflies. In the

rough grassland, we found several quite tatty Brown Argus, clearly at the end of their first generation for this year. Much of the grassland was rapidly scrubbing up with sallow, which was excellent for warblers but not so good for sun-loving butterflies. On the meadow, Paul found 13 mating Dock Bugs and Alice heard the calls of a Red-Legged Partridge.

We moved onto the reserve by crossing the railway line which takes trains from Norwich to Great Yarmouth. Surprisingly, some of the group caught glimpses of a Swallowtail powering along the railway line, where there was no nectar and certainly no Milk Parsley food plant.



We walked on to a short circular boardwalk which gave us an opportunity to look more closely at the plants and flowers of the reed beds, and get amongst good Swallowtail habitat. We had good views of a Grey Heron, and Large Red Damselflies, with Willow Warblers singing all around. Barbara caught sight of our second Swallowtail of the day but again this dashed over us before most of the group could see it.

We then returned to the main entrance of the reserve, where Chris found a female Orange Tip and we also discovered a mating pair of Large Skippers, which gave us excellent close-up views. We walked on to the meadow area which was looking in excellent shape – full of flowering Ragged Robin and Marsh Thistle. In previous years, on a hot day like today, we would expect to see Swallowtails flying through and nectaring every ten minutes or so. Today, however, they were bafflingly absent. We did at least enjoy sightings of the ubiquitous Marsh Harrier while Alice spied a Hairy Dragonfly eating a Blue-tailed

Damselfly. Before we reached the reserve's Fen Hide, we saw Red Admiral and female Brimstone, and Paul picked up the first Banded Demoiselle of the day. A Peacock also landed first on Maria – who seemed to possess a special connection with butterflies – and then Anthea and finally Chris.

The relative scarcity of Swallowtails from Strumpshaw during perfect conditions at what would

usually be their peak flight season this year was a real puzzle. Usually they emerge earlier here than at Hickling but they may just be very late on Strumpshaw this year. The only ones we saw were pristine, freshly-emerged specimens.

Pam and Marion had remained sitting in the shade beside a small pool on the edge of the woodland and while we wandered in search of species, they proved the merits of sitting still, clocking up a Swallowtail, a Buzzard, two good views of Sedge Warblers, a Reed Warbler and a small Homo sapiens (male) pond-dipping. We joined them for our packed lunch and Patrick made a presentation to Barbara and

Peter of a beautiful felted Swallowtail in its varying life stages on Milk Parsley.



In the afternoon, we headed back to the River Ant valley and along tiny lanes to the "secret"



RSPB reserve of Sutton Fen, which is not usually open to the public and completely hidden from civilisation!

RSBP warden Ben Lewis took us around. Crossing the first flowery meadow, we paused to admire Southern Marsh Orchids. We also watched the extremely rare and rather smartlooking Fen Mason Wasps coming and going from a specially created dry bank.

We continued through the huge and extremely peaceful 200-hectare reserve, learning more

about the diversity of management techniques the RSPB is employing to ensure a mix of reedbeds and sedge and scrub of different ages, to help the suite of extraordinarily rare plants found on this site. Some management was for milk parsley, the Swallowtail's foodplant, and we clocked up a steady stream of Swallowtail sightings as we moved through the site.

The rare plants of the fen are a real highlight at Sutton and Ben showed us Water Parsnip and Tubular Water Dropwort, as well as Water Dock. While we were examining these plants a Swallowtail flew past. As Patrick pointed it out, an Emperor dragonfly swooped in and snatched it in midair. The two large insects struggled for a few seconds before the Emperor seemed to gain control of its prey, and dropped down into the reedbed with it. We followed this drama – captivated and slightly horrified – and got a glimpse as the Emperor started tearing Britain's largest native butterfly apart. With Ben's permission, Patrick and Paul went to see if there was anything left over. The Emperor



somehow had disappeared from view and all that remained was one quarter of the Swallowtail's wings – an immaculate hindwing.

wings – an immaculate mindwing.



None of us had ever witnessed such a sight before. I don't think it has ever been filmed before either. It was incredible! Equally incredibly, Eirian managed to get a record shot which shows the Emperor holding the Swallowtail in flight – not clearly, but clear enough proof if no-one believes us!

The afternoon was suddenly turning into quite an intense and special wildlife experience. We found a web of Peacock caterpillars on Fen nettle (which as Alice demonstrated, does not sting). We then had

spectacular views of a male Marsh Harrier carrying out repeated display flights, swooping down and darting up again, like the Hen Harrier's skydance, in a bid to impress a nearby female. The female, we think, seemed more interested in the dead Tench we found on one of the paths, which had bloody marks on its scales. This little wildlife Whodunnit was intriguing: had it been killed by an Otter which had fled the scene as we approached? We concluded it was most likely to have been stabbed and removed from the water by a Heron, which had abandoned it when it saw us come near.

In the warmth of late afternoon, the Swalllowtails came thick and fast. Two Swallowtails were nectaring with great enthusiasm on the flowers of an invasive rhododendron. Ben pointed out that this bush was actually on private land on the boundary of the reserve, and there was no risk of it spreading into the reserve because the reserve was so wet. During the 'June gap' it was also providing useful nectar for the Swallowtail, and some Brimstones as well.

When we crossed another meadow before heading out onto the wet fen to find the super-rare Fen Orchid, we enjoyed even better sightings of Swallowtails postering on Yellow F.



sightings of Swallowtails nectaring on Yellow Flag Iris - a more pleasing photograph for



traditionalists! Terry obtained some excellent video footage of the Swallowtail in flight and nectaring.

Onto the fen, we walked across the top of a layer of peat up to six metres deep to admire a few of the spectacular blooming of 10,000 Fen Orchid spikes across Sutton and nearby Catfield Fen. This represents 99% of the UK population. We also enjoyed looking at other rare plants including Round Leaved Wintergreen, Crested Buckler Fern and Royal Fern. Marsh Cinquefoil was in flower, and Marion – who navigated the treacherous fen with admirable determination – identified Marsh Lousewort. Waiting at the fenside, Maria and

Pam saw two more Swallowtails bringing our Sutton Fen tally alone to 23 – a new record which definitely made up for the puzzling absence of Swallowtails at Strumpshaw. Ben Lewis informed us that this year, the regular butterfly transect walkers are recording more Swallowtails at Sutton Fen than any other site in the Broads (ie, Britain). Another reason to be thankful to the RSPB for allowing our Greenwings tour unique access to such a special place.

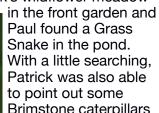
We retired for the day, a happy bunch after so many fabulous sightings and following an enjoyable meal at the Station Smokehouse in Hoveton.

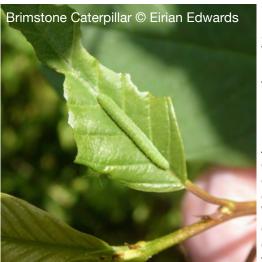
Strumpshaw Swallowtail total: 4 Sutton Fen Swallowtail total: 23

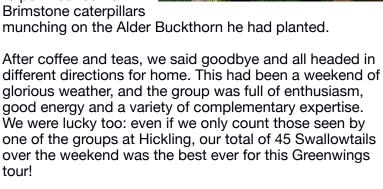
Monday 14th June

On Monday morning, we headed over to Patrick's garden for a leisurely look through the previous night's moth trap. Chris provided admirable identification support to Alice, who patiently went through a full trap and potted numerous interesting moths for us to admire. Highlights included the beautiful grey Pale Tussock and the twig-like Buff Tip. Chris identified a Garden Pebble, and there were also numerous Light Emeralds, Common White Waves, and Treble Bars. The largest moth in the trap was the Large Yellow Underwing – much to Patrick's dismay there were no hawkmoths on this occasion.

Some of the group also admired Patrick's wildflower meadow









	Norfolk Swallov 2021 specie		Saturday 12th June	Sunday 13th June	Monday 14th June
Butter		flies	day 2	day 3	day 4
	Apollos & Swallowtails	Family Papilionidae			
1	Swallowtail	Papilio machaon britannicus	✓ x16 or 18	✓ x27	
	Whites & Yellows	Family Pieridae			
2	Orange Tip	Anthocharis cardamines		✓	
3	Brimstone	Gonepteryx rhamni	✓	✓	Caterpillar
	Blues, Coppers & Hairstreaks	Family Lycaenidae			
4	Holly Blue	Celastrina argiolus	✓		
5	Brown Argus	Aricia agestis		✓	
	Aristocrats & Browns	Family Nymphalidae			
6	Peacock	Inachis io		✓	
7	Red Admiral	Vanessa atalanta	✓	✓	
8	Painted Lady	Vanessa cardui	✓		
9	Speckled Wood	Pararge aegeria	✓		
	Skippers	Family Hesperidae			
10	Large Skipper	Ochlodes sylvanus	✓	1	





	Norfolk Swallowtail Weekend 2021 species checklist		Saturday 12th June	Sunday 13th June	Monday 14th June
	Dragonflies and	d Damselflies	day 2	day 3	day 4
1	Banded Demoiselle	Calopteryx splendens		✓	
2	Large Red Damselfly	Pyrrhosoma nymphula	✓	✓	
3	Azure Damselfly	Coenagrion puella	✓	✓	
4	Variable Damselfly	Coenagrion pulchellum		✓	
5	Common Blue Damselfly	Enallagma cyathigerum	✓	✓	
6	Blue-tailed Damselfly	Ischnura elegans	✓	✓	
7	Emperor Dragonfly	Anax imperator	✓	✓	
8	Hairy Dragonfly	Brachytron pratense		✓	
9	Norfolk Hawker	Aeschna isosceles	✓	✓	
10	Black-tailed Skimmer	Orthetrum cancellatum		✓	
11	Four-spotted Chaser	Libellula quadrimaculata	✓	✓	
12	Broad-bodied Chaser	Libellula depressa		✓	
13	Scarce Chaser	Libellula fulva	✓	✓	









Norfolk Swallowtail Weekend Saturday Single Swallowtail Weekend 2021 species checklist					Monday 14th June
Moti		ths	day 2	day 3	day 4
1	Drinker	Euthrix potatoria	Caterpillar		
2	Yellow Barred Longhorn	Nemophora degeerella	✓		
3	Brown-tail	Euproctis chrysorrhoea	Caterpillar		
4	Silver Y	Autographa gamma		✓	
5	Garden Tiger	Arctia caja		Caterpillar	
6	Nettle Tap	Anthophila fabriciana		✓	
7	Brown China-mark	Elophila nymphaeata		✓	
8	Small China-mark	Cataclysta lemnata	✓	✓	
9	Buff Tip	Phalera bucephala			✓
10	Light Emerald	Campaea margaritaria			✓ x5
11	Small Magpie	Anania hortulata			✓
12	Heart and Dart	Agrotis exclamationis			✓ x8
13	Heart and Club	Agrotis clavis			✓
14	Treble Lines	Charanyca trigrammica			✓ x12
15	Common White Wave	Camera pusaria			✓ x4
16	Pale Tussock	Calliteara pudibunda			✓ x2
17	Mottled Pug	Eupithecia exiguata			✓ x2
18	Olive Pearl	Udea olivalis			✓
19	Clouded Border	Lomaspilis marginata			✓
20	Large Yellow Underwing	Noctua pronuba			✓
21	White Ermine	Spilosoma lubricipeda			✓
22	Treble Bar	Splocera plagiata			✓
23	Bee Moth	Aphomia sociella			✓
24	Garden Carpet	Xabthorhoe fluctuata			✓ x2
25	Green Carpet	Colostygia pectinataria			✓
26	Garden Pebble	Evergestis forficalis			✓ x3
27	Mottled Rustic	Parastichtis suspecta			✓ x3
28	Foxglove Pug	Eupithecia pulchellata			√
29	Scalloped Hazel	Odoptera bidentata			√

	Norfolk Swallowtail Weekend 2021 species checklist		Saturday 12th June	Sunday 13th June	Monday 14th June
	Moths		day 2	day 3	day 4
30	Plum Tortrix	Hedya pruning			✓
31	Hook-streak Grass Veneer	Crambus lathoniellus			✓
32	Willow Beauty	Peribatodes rhomboidaria			✓
33	Dark Arches	Apamea monoglypha			✓
34	Cinnabar	Tyria jacobaeae			✓



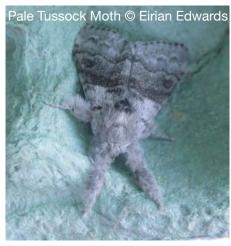












Other Notable Invertebrates

7 Spot Ladybird Cocinella septempunctata Alderfly Sialis lutaria Bee-mimicking Hoverfly Eristalis intricarius Black-and-Red Froghopper Cercopis vulnerata Broad Centurion Chloromyia formosa Buff-tailed Bumblebee Bombus terrestris Click Beetle Athous haemorrhoidalis Common Carder Bee Bombus pascuorum Common Cockchafer Melolontha melolontha Common Green Colonel Oplodontha viridula Dark Bush Cricket Pholidoptera griseoaptera Dock Bug Coreus marginatus Early Bumblebee Bombus pratorum European Chinchbug Ischnodemus sabuleti Fairy-ring Longhorn Beetle Pseudovadonia livida Fen Mason Wasp Odynerus simillimus Garden Chafer Phyllopertha horticola Harlequin Ladybird Harmonia axyridis Mayfly Ephemera vulgata Nettle Weevil Phyllobius pomaceus Nursery Web Spider Pisaura mirabilis Pirate Wolf Spider Pirata sp. Red-headed Cardinal Beetle Pyrochroa serraticornis Red-tailed Bumblebee Bombus lapidarius Ruby-tailed Wasp Chrysis sp. Scorpionfly Panorpa communis Slender Groundhopper Tetrix subulata Speckled Bush-Cricket Leptophyes punctatissima Thick-legged Flower Beetle Oedemera nobilis Tree Bumblebee Bombus hypnorum

Wasp Beetle Clytus arietis











	Norfolk Swallowtail Weekend 2021 species checklist		Friday 11th June	Saturday 12th June	Sunday 13th June	Monday 14th June
	Birds		day 1	day 2	day 3	day 4
1	Mute Swan	Cygnus olor	✓	✓		
2	Greylag Goose	Anser anser		✓		
3	Shelduck	Tadorna tadorna		✓		
4	Egyptian Goose	Alopochen aegyptiaca		✓		
5	Mallard	Anas platyrhynchos		✓	✓	
6	Water Rail	Rallus aquaticus		222		
7	Cormorant	Phalacrocorax carbo		✓		
8	Grey Heron	Ardea cinerea		✓	✓	
9	Great White Egret	Ardea alba		✓		
10	Bittern	Botaurus stellaris		✓		
11	Marsh Harrier	Circus aeruginosus		✓	✓	
12	Common Buzzard	Buteo buteo			✓	
13	Kestrel	Falco tinnunculus			✓	
14	Hobby	Falco subbuteo		✓	✓	
15	Red-legged Partridge	Alectoris rufa			202	
16	Avocet	Recurvirostra avosetta		✓		
17	Oystercatcher	Haematopus ostralegus				✓
18	Lapwing	Vanellus vanellus		✓		
19	Black-Headed Gull	Chroicocephalus ridibundus		✓		
20	Common Tern	Sterna hirundo	✓	✓		
21	Wood Pigeon	Columba palumbus	✓	✓	✓	✓
22	Collared Dove	Streptopelia decaocto		✓	✓	✓
23	Swift	Apus apus		✓	✓	
24	Barn Swallow	Hirundo rustica		✓	✓	
25	House Martin	Delichon urbicum		✓	✓	
26	Robin	Erithacus rubecula		✓	✓	
27	Blackbird	Turdus merula		✓		
28	Blackcap	Sylvia atricapilla	272	252	✓	
29	Garden Warbler	Sylvia borin		77.7		

	Norfolk Swallowtail Weekend 2021 species checklist		Friday 11th June	Saturday 12th June	Sunday 13th June	Monday 14th June
	I	Birds	day 1	day 2	day 3	day 4
30	Sedge Warbler	Acrocephalus schoenobaenus		✓	✓	
31	Cetti's Warbler	Cettia cetti	272	171	222	
32	Reed Warbler	Acrocephalus scirpaceus		✓	✓	
33	Willow Warbler	Phylloscopus trochilus		✓	✓	
34	Chiffchaff	Phylloscopus collybita		✓	✓	
35	Wren	Troglodytes troglodytes	√	✓		
36	Rook	Corvus frugilegus			✓	
37	House Sparrow	Passer domesticus		✓	✓	✓
38	Chaffinch	Fringilla coelebs		✓	✓	
39	Goldfinch	Carduelis carduelis		✓	✓	
40	Reed Bunting	Emberiza schoeniclus	772	✓	✓	











Notable Plants

Bulrush Scirpus lacustris
Common Reed Phragmites australis
Fibrous Tussock Sedge Carex appropinquata
Greater Reedmace Typha latifolia
Pendulous Sedge Carex pendula
Saw Sedge Gahnia aspera

Crested Buckler Fern Dryopteris cristata Marsh Fern Thelypteris palustris Royal Fern Osmunda regalis

Bladderwort Utricularia sp. Bloody Cranesbill *Geranium sanguineum* Bogbean (not in flower) Menyanthes trifoliata Bog Myrtle Myrica gale Bugloss Anchusa arvensis Climbing Corydalis Ceratocapnos claviculata Common Cudweed Filago vulgaris Common Poppy Papaver rhoeas Cuckoo Flower Cardamine pratensis Dog Rose Rosa canina Fen Nettle Urtica dioica galeopsifolia Fen Orchid Liparis loesslii Field Pansy Viola arvensis Fox-and-Cubs Pilosella aurantiaca Frogbit Hydrocharis morsus-ranae Great or Giant Water Dock Rumex hydrolapathum Greater Spearwort Ranunculus lingua Greater Water Parsnip Sium latifolium Green Alkanet Pentaglottis sempervirens Guelder Rose Viburnum opulus Hairy Tare Vicia hirsuta Hemlock Conium maculatum Lesser Spearwort Ranunculus flammula Marsh Cinquefoil Comarum palustre Marsh Lousewort Pedicularis palustris Marsh Pea (in bud) Lathyrus palustris Marsh Stitchwort Stellaria palustris Marsh Thistle Cirsium palustre Marsh Valerian Valeriana dioica Meadow thistle Cirsium dissectum Milk Parsley Peucedanum palustre Mouse-ear Hawkweed Pilosella officinarum Ragged Robin Lychnis flos-cuculi Southern Marsh Orchid Dactylorhiza praetermissa Scarlet Pimpernel Anagallis arvensis Tormentil Potentilla erecta Tubular Water Dropwort Oenanthe fistulosa Water Mint Mentha aquatica Water Soldier Stratiotes aloides

Water Violet Hottonia palustris
White Water Lily Nymphaea alba
Yellow Flag Iris Iris pseudacorus
Yellow Water Lily Nuphar lutea











